



# Sai Center ***Fitness Day*** & Picnic

Sairam Dear Brothers and Sisters!

We have a wonderful Sai Center Fitness Day and Picnic event planned for both the young and young at heart.

Bring your sports gear, wear athletic shoes, and enjoy a great day in the park with fellow Sai Brothers and Sisters.



## Live ♥ Love ♥ Laugh

**When:** Saturday, 16th September between 1pm and 5pm

**Where:** Willis Park  
1730 Old Milton Parkway, Alpharetta, GA 30009  
Lion's Pavilion (Pavilion No. 3)

**What:** Fun Activities and Food for all ages including:

- ▶ Yoga
- ▶ Hiking
- ▶ Soccer
- ▶ Relay race (for all ages)
- ▶ Tennis
- ▶ Big Playground area for little ones
- ▶ Fitness speaker *and more...*

