



Everlasting Happiness

Retreat with Dr. Jose Gomez

Sairam Dear Brothers and Sisters!

We hope you can join us for a special retreat on how to develop everlasting happiness. Our guest speaker, Dr. Jose Gomez, will provide important information from Swami and other sources as to how to accomplish this highest and most lasting happiness and joy referred to by our beloved Swami.



Jose Gomez, M.D. has been a former professor of Psychiatry and Director of the Medical School at the Technological Institute of Santo Domingo in the Dominican Republic, his native country. He is a Founding Fellow of the Institute for Coaching at Harvard University, Medical School.

Dr. Gomez is a dynamic motivational speaker and he has written or co-authored four best-selling books. He has been featured in Newsweek magazine, Forbes, and TV stations affiliated with CBS, ABC, NBC, and FOX, and also in over 350 American newspapers including The Boston Globe and The Miami Herald.

Dr. Jose Gomez is a physician and practicing psychiatrist in Jacksonville, Florida and has served the Sathya Sai Baba Organization as a Regional Vice-President, Regional Service Coordinator for the Southeast Region, USA; Region 3; as well as Center President at the Sathya Sai Baba Center in Jacksonville. He has also served as a consultant psychiatrist at the Sri Sathya Sai General Hospital in Puttaparthi, India.

When: Saturday, 31st March between 2:00 pm and 5:45 pm

What: 2:30 - 4:00 pm - Session 1

4:00 - 4:15 pm - Break (with light refreshments)

4:15 - 5:45 pm - Session 2

When: Sunday, 1st April between 4:15 pm and 5:45 pm

What: 4:15 - 5:45 pm - Session 3

Where: Atlanta Sai Center

