

Sathya Sai International Organization – USA



Sairam Regional Presidents and Leadership Team,

“Here in the Prasanthi Nilayam, no invitation has ever been printed and distributed on any occasion, asking people to come. No one has been specially requested to take part. It is Love, the invitations of the Heart to the heart that has brought you in tens of thousands to this place. The validity and value of Love are proved by you; Love is the most potent of My powers.” SSS (10.35)

With prayers to Bhagawan, the registration is launched for the National pilgrimage to Prasanthi Nilayam. The group will be together for five full days from July 6th to July 10th and will be celebrating the holy festival of Guru Purnima on July 9th at the ashram. This pilgrimage is open to all members of the SSIO-USA.

The theme of our pilgrimage is ‘*Spiritual Homecoming*’.

Sathya Sai Baba told us, “*Every living being is on a pilgrimage – whether it is aware of it or not. ... The destiny of all beings is to return to their origin.*” SSS (14.45)

Registration is being accepted now at this [link](#).

Pilgrimage participant will have an opportunity to participate in 1) a joint musical program offering by all the participants (SSE children, YAs and adults), 2) Grama (village) seva and going-green service initiatives and 3) talks by eminent speakers during the visit.

SSE children will have an experiential and immersive program. Workshops by special guest speakers, joint sessions with Sai school children, visits to places of interests, etc. are being planned.

All devotees, whether attending the pilgrimage in person or in spirit, are encouraged to join a spiritual discipline program called the *Sadhana of Love* in the months leading up to the pilgrimage. This program was developed for the 2016 World Youth Festival. We are grateful to the *Sadhana of Love* team for their help and support in making this available to the devotees of USA.

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Based on teachings of Sathya Sai Baba, this is a four-step program emphasizing Self-confidence, Self-satisfaction, self-sacrifice and Self-realization. The spiritual discipline program offers activities in all three wings of the Sai Organization: Work (Service), Worship (Devotion) and Wisdom (Education).

At the beginning of each month, one of the four steps of the *Sadhana of Love* program will be practiced. This approach will allow us to build on the previous month's sadhana, one step at a time.

Sai Baba says, "*Self-confidence is the foundation for the mansion of life.*" (SSS 35.10).

For the month of February, we will focus on Self-confidence. A summary of eighteen suggested practices to cultivate Self-confidence can be found on page 17 of the *Sadhana of Love* document. Guided by your conscience, choose sadhanas that will help you to manifest the most love. Details for each of the eighteen sadhanas can be found on pages 21-38.

[Click here for Sadhana of Love guidebook.](#)

The purifying practice of the "sadhana of love" (SSS 12.36) will enable us to have a deeper experience of Bhagawan's Grace while at home, in Prasanthi Nilayam and throughout our lives. Wherever we are, we will experience the truth of His loving and eternally welcoming words:

You all are in Sai's Home!

You all are in Sai's Light!

You all are in Sai's Heart! (SSS 22.38).

We humbly pray that, with Bhagawan's blessings, we will take this divine opportunity to participate in the national pilgrimage and observe the transformative disciplines laid down by Him. Together, we will progress towards the goal of Self-realization, the realization of the Sai that shines in our hearts.

Lovingly in Sai Service

Dr. Jack Feely
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National Council SSIO-USA

Dr. Mike Congleton
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